Ma'at the Goddess of Justice

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In Egyptian Mythology, the goddess Ma'at which was depicted as a woman wearing an ostrich feather on her head literally ruled everything. She was the daughter of Ra and she embodied Truth, Justice, Harmony and Balance. According to mythology, Ma'at was with Ra on his celestial Barque when he first emerged from the primeval waters along with his company of gods and goddesses. When Ra emerged in his "Barque" for the first time and creation came into being, he was standing on the pedestal of Ma'at. Thus the Creator, Ra, lives by Ma'at and has established creation on Ma'at which represents the very order which constitutes creation. Therefore, it is said that Ra created the Universe by putting Ma'at in the place of chaos. So creation itself is Ma'at. Creation without order is chaos. Ma'at is a profound teaching in reference to the nature of creation and the manner in which human conduct should be cultivated. It refers to a deep understanding of divinity and the manner in which virtuous qualities can be developed in the human heart so as to come closer to the Divine.

Ma'at is also known as the "Eye of Ra," "Lady of Heaven," "Queen of the Earth," "Mistress of the Underworld" and the "Lady of the gods and goddesses." She has a dual form or "*Maati*" and in her capacity of God, she is "*Shes-Ma'at*" which means "*ceaselessness*" and regularity of the course of the Sun (i.e. the Universe). In the form of *Ma'ati*, she represents the South and the North which symbolize Upper and Lower Egypt as well as the higher and lower Self. Ma'at is the personification of justice and righteousness upon which God has created the Universe and she is also the essence of God and creation. Therefore, it is Ma'at who judges the soul when it arrives in the judgment hall of Ma'at. Sometimes she becomes the scales upon which the heart of the initiate is judged. She judges the heart or unconscious mind of the initiate in an attempt to determine what extent the heart has lived in accordance with truth, correctness, reality, genuineness, uprightness, righteousness, justice, steadfastness and the unalterable nature of creation.

Ma'at is also a philosophy, a spiritual symbol as well as a cosmic energy or force which pervades the entire Universe. The Egyptians believed that the Universe was an ordered and rational place that always functioned with certainty and consistency. They understood how the Universe operated and all phenomena could be explained by an appeal to this understanding. The Universe itself was virtually maintained by the goddess Ma'at. As such; the cycles of the Universe remained forever constant where purity was rewarded and wrong deeds were punished. In fact, the Universe was said to be in perfect balance both morally and physically. The Egyptian word for this balance was truth or Ma'at which became the cornerstone of ancient Egyptian culture.

The Greeks called the underlying order of the Universe, *logos*, meaning, order, or pattern. The early Christians adopted the logos in order to explain the moral order of the Universe; the first line of the Gospel of John is, "*In the beginning was the logos, and the logos was with God.*" But the concept for the Greeks and the Christians was more or less the same as Ma'at. The Egyptians believed that the Ma'at of the Universe was a god that benevolently ruled all aspects—human, material, and divine—of the Universe; the Christians would likewise make the underlying rationality of the Universe into God: And the logos was God.

In ancient Egypt, the judges and all those connected with the judicial system were initiated into the teachings of Ma'at. Thus, those who would discharge the laws and regulations of society were well trained in the ethical and spiritual-mystical values of life, fairness, justice and the responsibility to serve society in order to promote harmony and the possibility for spiritual development in an atmosphere of freedom and peace. For only when there is justice and fairness in society can there be an abiding harmony and peace. Harmony and peace are necessary for the pursuit of true happiness and inner fulfillment in life. Ma'at encompasses the teachings of Karma and Reincarnation or the destiny of every individual based on past actions, thoughts and feelings. Understanding these principles, leads us into becoming free of the cycle of reincarnation and human suffering and to discover supreme bliss and immortality.

The principle of Ma'at was formed to meet the complex needs of the developing Egyptian state having diverse peoples with conflicting interests. The development of these rules was to avert chaos which later became the basis of Egyptian law. From an early period, the king would describe himself as the "Lord of Ma'at" who decreed with his mouth the Ma'at he conceived in his heart. The importance of Ma'at developed to the point that it embraced all aspects of existence, including the basic equilibrium of the Universe, the relationship between essential parts, the cycle of the seasons, heavenly movements, religious observations, fair dealings, honesty and truthfulness in social interactions. The Ancient Egyptians had a deep conviction of an underlying holiness and unity within the Universe. They believed that cosmic harmony was achieved by correct public and ritual life and any disturbance in cosmic harmony could have consequences for the individual as well as the state. Even to this day, Ma'at is still an indestructible unity: working as the Universe, the natural world, the state, and the individual as parts of the wider order of all things.





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He is the author of *Ultimate Truth : Book I*, *Universal Truth: Thinking Outside the Box : Book II* and the up and coming *One Hundred Disciplines to Higher Consciousness : A Conclusive Synopsis on Spiritual Principles*.

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