

Avatar

Imagine this...you are eternal. You have existed in pure form as an aspect of the great whole since the inception of time. You are pure love, light and energy resting in the bosom of the One and suddenly, you're inspired to individuate into physical form. And so, you decide to orchestrate your coming forth. So you wait. You have an idea in your conscious mind of what type of experiences you are to have with your actualization. You're fully aware of the multitude of choices and so you ponder what it is you would like to understand better about yourself by manifesting into human form. You decide you would like to have this experience as a male/female and alternate your gender with each incarnation thereafter. You pick a channel in which to come forth based upon the vibrational frequency of your parents and the genes they will provide you with. You know all the various nuances of your experience but not the experience itself. You know choosing an earthly experience will involve stepping down your vibration to that of this 3rd dimensional environment. Your earthly body will be heavy and dense causing you to feel encumbered and trapped without the ability to be inter-galactic as once before. You'll take on an emotional body that will be uncomfortable at times causing you to be subjected to the human condition. Your ability to create will be hindered by the slowing down of your vibration and all of your manifestations will be on a delayed physical response. Your three dimensional awareness will lack all the nuances of a fully twelve dimensional consciousness and at times it will feel as if you are disconnected from source. You fully understand these forfeitures and yet you decide to manifest into human form so that you might have an earthly experience. And so, in spite of giving up what you know for what you don't know, you incarnate into human form donning your life suite as an avatar with amnesia.

In Hinduism, the word "Avatar" literally means, the deliberate "descent" of a deity primarily from Heaven to Earth. The Sanskrit noun "*avatāra*" is derived from the verbal root *tī* "to cross over," combined with the prefix "*ava*" "off, away, down." In the Bhagavata Gita it reads; "*Whenever righteousness wanes and unrighteousness increases, I send myself forth, in order to protect the good and punish the wicked. In order to make a firm foundation for righteousness, I come into being age after age.*" (4. 7-8)

The concept of Avatar within Hinduism is most often associated with Vishnu, the preserver or sustainer aspect of God within the Hindu Trinity or Trimurti. Although in reality we are all deities living in human form for the purpose of our evolution into greater aspects of ourselves. For clarification, I want you to understand what is being suggested here. You are created in the image and likeness of the Divine. You are an aspect of the God principle. The only difference is one of degree so the part cannot be different from the whole. This means you are divinity who has chosen to forget this very important aspect of yourself in becoming human.

To help illustrate this point: There once was a young religious scholar who had been trained in the best schools, sat at the feet of the master teachers for years and now he was ready to take the last step to become a master himself. In order for him to become a master, he had to go see the old sage. The old sage was one who did not care about money, possessions or social status. He lived on an old run down beach. So the young scholar having heard about the old sage reluctantly went to see him. When he arrived the old sage looked at him and said, look to your right and tell me what do you see? The scholar replied I see the infinite ocean. The sage said very well. Now look to your left, what do you see? The scholar replied I see a pond of water separated from the infinite ocean. The sage told the scholar to put the pond back into the ocean. The young scholar was incensed at such a request and refused. The old sage told him to leave! The young scholar feeling very confused sat down and contemplated his options. He decided to humble himself, went back to the sage and apologized. After ten hours of work (putting the pond of water back into the ocean) he went to the sage and said Sir, I am finished. Now give me the information I need to become a master. The old sage said to the young scholar can you find the pond of water that you spent ten hours of work putting back into the ocean? The scholar replied no, that would be impossible they are made of the same stuff. The sage said well done now you are ready to become a master.

Deities are depicted in a variety of different forms but are frequently expressed as having human form. While some faiths and traditions consider it blasphemous to imagine or depict a deity as having any concrete form, we

are each deities in our own rite. Deities are usually considered to be immortal and as pure energy in human form, your essence can never die or be destroyed. Deities are commonly assumed to have personalities and to possess consciousness, intellect, desires, and emotions—this sounds a lot like you, does it not?

Deities, incarnations, and manifestations, it's all the same. You have deliberately manifested into human form for the sole purpose of evolving into a higher form of yourself. Earth is just one of the many places where life and spiritual growth can be experienced. There is a vast array of worlds and realities that exist beyond the limited confines of earthly thinking and understanding. You limit yourself when you only subscribe to the possibilities of what is known. The Universe is a myriad system of planets, inhabitants, existences and realities that you have hitherto not even begun to understand. It seems too farcical to imagine having come from divinity and to be here living as a deity in human form. But it's true; you are part and parcel to God which makes you god incarnate. *"Know ye not that ye are gods."* You possess all the attributes of divinity but you are limited in your abilities because of the laws of this physical existence. However, this does not mean you lack the quintessential make-up of divinity. It merely means that while you are here, in this form, you must abide by the laws governing this realm of existence. This is what makes living in human form as a spiritual being so difficult to embrace because you come from a place where any and everything is possible. Having accepted this earthly assignment, you've forfeited those limitless possibilities to a certain degree. Often times you can actually sense the loss within your being due to your physical make-up. At times, the Earth plane begins to weigh on you and you long for the time when you were in your rightful essence as pure light. Be that as it may, you are still divinity incarnated in human form for the sole/soul purpose of your evolution. Irregardless, you have donned your life suit and are here experiencing life as a spiritual being having a human experience. Deep in the recesses of your cosmic memory, you feel the truth of these words stirring in your consciousness reminding you of the truth that you are an Avatar.

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July 2012

Inner Child Magazine

The Ultimate Truth