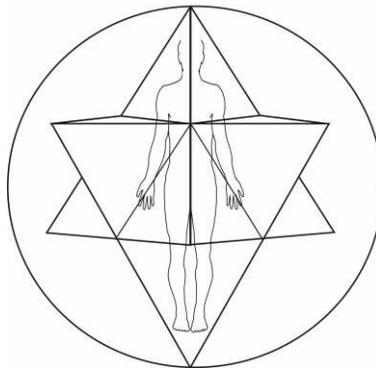


Merkaba

As spirit beings, we are not mere flesh and blood but rather complex systems of light, energy and information which surrounds our physical body. The word “*Merkaba*” is an Egyptian term that means *Mer* = Light, *Ka* = Spirit, *Ba* = Body. Esoterically speaking, *Mer* refers to a specific kind of light which was known during Egyptian times shortly after the reorganization from many gods toward the worship of the one God of all creation. It is viewed as two counter-rotating fields of light spinning in the same space and it is believed that these fields can be affected by performing certain breathing techniques. In terms of the *Ka*, this refers to the individual spirit of a person, with *Ba* representing the spirit’s interpretation of its particular reality. However in this case *Ba* is usually defined as the body or physical reality. Although in other realities where spirits don’t have bodies, *Ba* simply refers to their interpretation of reality in the realm in which they exist. The Merkaba Field exists not only within our cells, but also as a unified force field around our bodies. When we begin to consciously affect this field, we are ultimately affecting the particles that form the basis of our very make-up. Therefore, anything we do to alter the Merkaba will have a direct effect on the DNA structure. Our light-bodies originated immediately upon conception within the first eight cells of our physical body. This light-body later formed the Merkaba or the Time-space vehicle so-to-speak. It is known as the “Star-Tetrahedron” which is pictured below and is based on the idea of Platonic solids.



Much of the work I’ve studied on the Merkaba is credited to Drunvalo Melchizedek. Here he provides an explanation which helps us understand the intricate details of our energy flow and how it pertains to this field that exists in and around the body. He says:

“In order to explain what the Merkaba is, we must first generally explain the flow of energy and energy fields that surround the body. The first definition refers to the Prana or

Chi which is the Life force. This unseen energy exists everywhere in the Universe in great quantities. Prana enters the body through the top of the head (this is the reason there is a hole in the skull of unborn embryos). The major Prana flow runs through the center of the body looking like a tube. From there it flows into eight main centers known as “*Chakras*.” This is an Indian Sanskrit word meaning “turning wheel,” due to the look of these complex energy flows. According to the early Egyptians there are thirteen chakras as they relate to different energy centers. From the Chakras there are branched energetic lines (meridians) that reach every cell of the body. There is a Prana field that surrounds the body as a result of the meridians and the Prana flow. Then there is the field of the aura. The auric field is an egg shaped energy field that surrounds the body and changes its color according to ones thoughts, feelings and emotions. Beyond the auric field there are hundreds of electromagnetic fields. These fields have precise geometrical shapes. Each one of them is made up of three identical fields with the same size and shape. The Prana field is the star tetrahedron, a three dimensional Star of David. We can rotate two of the three star tetrahedron fields in opposite directions by using the ancient Prana breathing technique, thus creating a huge 17 meter energy field—the light body, or the Merkaba which assists in spiritual growth by connecting with the Higher Self.”

The Merkaba, also spelled “*Merkabah*,” is also considered to be the divine light vehicle used by Ascended Masters to connect with and reach those in tune with higher realms. It is actually the spirit-body surrounded by counter-rotating fields of light or wheels within wheels, spirals of energy much like that of the DNA which transports the spirit-body from one dimension to another. Essentially, the Merkaba can be used as a tool to help us reach our highest potential because it enables one to experience an expanded state of awareness by reconnecting them with higher potentials of consciousness, ultimately restoring access and memory of the infinite possibilities within every being. All of this plays a huge part in becoming more spiritual because Merkaba and DNA are what bring the god essence into manifest experience. As our Merkaba builds and DNA activates, we literally become more able to embody the god essence within our bio-energetic systems. As such; we can actually generate more of this essence into our biological form and our ability to understand and know ourselves as God increases and essentially our ability to Love increases as well. When we concentrate on developing Merkaba, we are repositioning the rotation within the body and its bio-rhythms. This allows us to release certain blocks which enable us to explore more dimensions of space and time. By building the Merkaba adequately to the point where these blockages no longer occur, we will experience a release from all dimensions. And then, we can return to a state of one-ness with the god-essence. This process is known as “Ascension” and it results in having a deeper contact with the Higher Self and a more strengthened aspect of life.

According to some of the work done by Drunvalo, the Merkaba is in fact, a crystalline energy field that is comprised of specific sacred geometries that align the mind, body, and heart together. It is created from sacred geometry which extends around the body for a distance up to 55 feet. These geometric energy fields normally spin around the body at close to the speed of light, but for most people they have slowed down or stopped spinning entirely due to a lack of attention and use. He asserts that we can activate a non-visible saucer shaped energy field around the human body which is anchored at the

base of the spine through various gestures, and mudras (hand movements) along with specific “prana” breathing techniques. He further suggests that these geometric energy fields can be turned in a particular way causing reactivation and proper alignment. Coincidentally, a fully activated Merkaba looks just like the structure of a galaxy or a UFO and it is through this vehicle that a person is able to transcend time, space and dimensionality all of which caters to the ascension into higher realms of existence.

Spiritually speaking, the Merkaba is the inter-dimensional vehicle which consists of two equally sized, interlocked “Tetrahedra” of light with a common center, where one “Tetrahedron” points up while the other points down similar to that of a three dimensional Star of David. Again once activated, this saucer shaped field is capable of carrying the consciousness directly into higher dimensions. In an interview with Alton of the Alpha Omega order of Melchizedek, he describes the Merkaba as the hologram of Love which is the sacred geometric pattern that gave birth to the entire Universe. It is comprised of a band width or frequency of 13:20:33 which is the vibration of pure unadulterated Love. This particular tone actually coincides with non-limitation where the 13 chakras in the body become harmonized. It is believed that the ancient Mayan civilizations used the frequency of 13 and 20 for their calendar of time thus awakening the God Consciousness within, enabling them to access the center of the Universe and thereby becoming one with it. They referred to this state as having “Omni” perspective which helped them to become non-judgmental thus becoming truly empowered and galactically aligned. All of this plays an intricate part in the ascension process because by understanding how to create a new physical form having higher consciousness, a person can then begin the process of merging back into their own God Essence. This is not to say that anyone has ever separated from their oneness but rather through the Merkaba, we can all begin the process of transitioning back into our light-bodies thus eliminating time and space creating a time continuum which is actually the true state of being. We are already in unity consciousness and we have always been. However, we have not allowed ourselves to expand in consciousness where we once again recognize this. Once we begin the work of raising our vibration to the pattern of unconditional love, this higher vibration will allow for a much stronger Merkaba field.

In his book *Awakening to Zero Point*, Gregg Braden says that the Merkaba provides the blueprint for a radiant field of energy that extends through and beyond the physical boundaries of the body. He says that an awareness of this field provides a tool toward the access of creation, the God force or the energy of our Creator, directly and consistently. He also asserts that within each individual and through certain life experiences that these fields tend toward a dynamic phase of rotation at specific speeds and ratios. Under normal circumstances, the Merkaba rotates around the body at 186,000 miles per second, assuming a saucer-like shape where the extremes of polarity begin to neutralize one another. This is what is known as “Unity-Consciousness.” However, due to certain conditions; this is not the case for many of us. In fact,

for most people, this field is hardly rotating if at all. Seeing as how this field is the vehicle of ascension, without it performing at optimal levels, the ascension process then becomes very difficult if not impossible. Be that as it may, each individual is equally equipped at birth with the means in which to access the Merkaba field directly. Although this is typically a process whereby the individual is totally unaware, it usually comes in the form of life's experiences. Many, if not all of the experiences we attract into our awareness are simply opportunities in which to feel and experience differently. These experiences further cater to our awakening because the Merkaba field is activated by the vibrations emitted through the emotions by way of our thoughts and feelings. Each of us is affecting this field without even knowing it. And, according to Braden, "Consciously vibrating differently—regulating the body vibration through thought and feeling—is where we may discover our greatest power." Subsequently, it is this Merkaba field that facilitates unconditional **love** within each conscious being thus constituting the healing not only in ourselves but others as well. It gives us the ability to manifest any kind of reality we desire and it can be adjusted to do just about anything, with the only limitation being that of our own thoughts.

